



KINDERGARTEN WEEKLY MENU

	Morning snack 能量早点	Lunch 午餐			Fruit 缤纷水果	Afternoon snack 花样午点
		Staple food 主食	Main course 菜	Soup 汤		
Monday 星期一	光明优倍牛奶 Milk 糯米小烧麦 Steamed Pork Dumpling	米饭 Steamed Rice	大班: 本帮酱鸭腿 小中班: 本帮酱鸭腿肉 花菜面筋炒海参 Stir Fried Sea Cucumber with Vegetables 番薯叶炒香菇 Mixed Vegetables	时令春菜 (菊花脑) 清汤狮子头 Meatball Soup with Vegetable	蓝莓 Blueberries	原味咖喱牛肉酥 Curry Beef Crispy 猪肚山药莲子营养粥 Porridge with Pork, Chinese Yam, and Lotus Seeds
Tuesday 星期二	Half Day					
Wednesday 星期三	Half Day					
Thursday 星期四	Half Day					
Friday 星期五	Half Day					