



1月4日-1月9日1-2年级菜单 G1 to G2 menu of Jan4th-Jan9th

| | 問日 Sunday | 周一 Monday | 周二 Tuesday | 問三 Wednesday | 周四 Thursday | 周五 Friday |
|----------------------------|---------------------|------------------------------------|--|--|---------------------------------------|-------------------------------------|
| 上午点101 Morning snack | 绿豆饼 | 桂花糕 | 马拉糕 | 蔓越莓米糕 | 黑米糕 | 小餐包 |
| | Green bean cake | osmanthus cake | Cantonese sponge cake | Cranberry rice cake | Black rice cake | Round bread |
| | 鹌鹑蛋烧肉 | 酱爆肉片 | 照烧鸡排汉堡 | 百叶结烢肉 | 肉酱意大利面 | 番茄土豆烩牛腩 |
| | Quail egg and pork | Diced pork with bean sauce | Teriyaki Chicken Burger | Braised pork with dried tofu | Spaghetti with meat sauce | Braised beef with potato and tomato |
| | 烤鸡腿 | 红牕小肉圆 | 西餐鳕鱼排 | 咖喱モモ肉 | 火山石烤肠 | 京酱肉丝 |
| | Roasted chicken leg | Stewed meat ball in brown sauce | Roasted codfish | Curried chicken | Baked sausage | Pork with Bean Sauce |
| 套餐 | 杭目菜 | 青椒土豆丝 | 青椒素肠肉片 | 青椒绿豆芽 | 蚝油双菇肉片 | 百菜炒素 |
| Set menu | Cabbage | Fried green pepper and potato | Fried dry tofu with meat and green sweet pepper | Fried green bean sprout and green pepper | Fried pork with two kinds of mushroom | Cabbage with gluten and carrot |
| | 米饭 | 米饭 | 清炒牛心菜 | 米坂 | 蒸胡萝卜块 | 米饭 |
| | Rice | Rice | Cabbage | Rice | Steamed carrot | Rice |
| | | | 薯条 | | 狼牙土豆 | |
| | | | Fried chips | TO POST TIME TO THE PARTY OF | Baked potato | |
| 汤 Soup 下午点IOI | 罗宋汤 | 紫菜蛋汤 | 豆腐羹 | 番茄蛋汤 | 菌菇肉丝汤 | 蔬菜蛋花汤 |
| | Borsch | seaweed and egg soup | Tofu soup | Tomatoes and eggs soup | Mushroom and meat soup | Vegetable egg soup |
| | 绿豆饼 | 桂花糕 | 马拉糕 | 蔓越莓米糕 | 黑米糕 | 小餐包 |
| Afternoon snack | Green bean cake | osmanthus cake | Cantonese sponge cake | Cranberry rice cake | Black rice cake | Round bread |

1月4日-1月9日3-5年级菜单 G3 to G5 menu of Jan4th-Jan9th

| | 周日 | 問一 | 問二 | 周三 | 周四 | 問五 |
|----------------------------|--|--|---|---|--|--|
| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday |
| 上午点101 Morning snack | 绿豆饼 | 桂花糕 | 马拉糕 | 蔓越莓米糕 | 黑米糕 | 小餐包 |
| | Green bean cake | osmanthus cake | Cantonese sponge cake | Cranberry rice cake | Black rice cake | Round bread |
| | 鹌鹑蛋烧肉 | 红烧小肉 | 菌菇牛腩 | 百叶结烧肉 | 红烧大肉 | 蜜汁叉燒肉 |
| | Quail egg and pork | Braised pork | Beef with mushroom | Braised pork with dried tofu | Braised pork | Char siu |
| | 鱼香茄子 | 花菜炒肉片 | 莴笋胡萝卜肉片 | 鱼香肉末茄子 | 西红柿炒鸡蛋 | 青甜椒朮耳肉片 |
| 中餐套餐 | Yu-Shiang Eggplant | Cauliflower with pork | Fried stem lettuce with carrot and pork | Yu-Shiang Shredded Pork | Fried eggs with tomatoes | Fried yam with wood ear and pepper |
| Chinese Food | 烂糊肉丝 | 红烧肉米豆腐 | 芹菜肉米粉丝 | 青椒干丝肉丝 | 蚝油双菇肉片 | 肉末粉丝 |
| Set menu | Cabbage and pork | Braised tofu with pork | Fried pork with bean vermicelli and celery | Fried green pepper with pork and dry tofu | Fried pork with two kinds of mushroom | Fried pork with bean vermicelli |
| | 香菇青菜 | 青椒土豆丝 | 清炒牛心菜 | | 手撕包菜 | 百 菜炒素 |
| | Green vegetables with mushroom | Fried green pepper and potato | Cabbage | Fried green bean sprout and green pepper | Cabbage | Cabbage with gluten and carrot |
| | 米饭 | 米饭 | 米饭 | 米饭 | 米饭 | 米饭 |
| | Rice | Rice | Rice | Rice | Rìce | Rice |
| 面条 Noodles | 红烧鸭腿面 | 红烧大肉面 | 辣肉面 | 菌菇牛肉面 | 红烧鸭腿面 | 红烧大排面 |
| | Braised duck leg noodles | Braised pork noodles | Spicy meat noodles | Beef with mushroom noodles | Braised duck leg noodles | Pork Chop with soy sauce noodles |
| 特色餐 | 番茄鸡蛋肉丁烩面鱼 | 番茄鸡蛋肉丁烩面鱼 | 番茄鸡蛋肉丁烩面鱼 | 番茄鸡蛋肉丁烩面鱼 | 番茄鸡蛋肉丁烩面鱼 | 番茄鸡蛋肉丁烩面鱼 |
| Weekly Special | Short noodle with tomato diced meat | Short noodle with tomato diced meat | Short noodle with tomato diced meat | Short noodle with tomato diced meat | Short noodle with tomato diced meat | Short noodle with tomato diced meat |

1月4日-1月9日3-5年级菜单 G3 to G5 menu of Jan4th-Jan9th

| | 周日 Sunday | 周一 Monday | 周二 Tuesday | 問三 Wednesday | 周四 Thursday | 周五 Friday |
|--------------------------|---|---------------------------|--|---|----------------------------|---|
| | 意大利肉酱面 | 肉酱意大利两头尖 | | 鸡肉汉堡 | 卤肉饭套餐 Braised pork rice | 菌菇肉丝炒乌冬面 |
| | Spaghetti with meat sauce | Spaghetti with meat sauce | | Chicken burger | | Fried Japanese noodles with mushroom and meat |
| | 西餐烤鸡腿 | 火山石烤肠 | 泰式咖喱鸡排饭套餐 Curry Rice with Fried Chicken | 西餐鳕鱼排 | | 西餐烤鸭腿 |
| | Roasted chicken leg | Baked sausage | | Roasted codfish | | Roasted duck leg |
| 西餐套餐 | 莴笋木耳肉片 | 花菜炒肉片 | | 青椒土豆肉片 | | 西葫芦胡萝卜炒肉丝 |
| western food Set menu | Fried stem lettuce with pork and wood ear | Cauliflower with pork | | Fried green pepper and potato with meat | | Fried Zucchini with carrot and pork |
| | 杭百菜 | 葱油萝卜丝 | | 清炒牛心菜 | | 水煮胡萝卜 |
| | Cabbage | Fried shredded turnip | | Cabbage | | Steamed carrot |
| | 狼牙土豆 | 烤土豆 | | 薯条 | | 著格 |
| | Baked potato | Baked Potato | | Fried chips | | Crisscut poatoes |
| 洏 | 罗宋汤 | 紫菜蛋汤 | 豆腐羹 | 番茄蛋汤 | 菌菇肉丝汤 | 蔬菜蛋花汤 |
| Soup | Borsch | seaweed and egg soup | Tofu soup | Tomatoes and eggs soup | Mushroom and meat soup | Vegetable egg soup |
| 下午点四 | 绿豆饼 | 桂花糕 | 马拉糕 | 蔓越莓米糕 | 黑米糕 | 小餐包 |
| Afternoon snack | Green bean cake | osmanthus cake | Cantonese sponge cake | Cranberry rice cake | Black rice cake | Round bread |









1月4日-1月9日6-12年级菜单 G6 to G12 menu of Jan4th-Jan9th

| | 問日 | 問一 | 周二 | 問三 | 周四 | 周五 |
|----------------------------|-----------------------------------|------------------------------------|---|---|---------------------------------------|------------------------------------|
| 1 minus | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday |
| 1.中餐1 1Chìnese | 鹌鹑蛋烧肉 | 红烧小肉圆 | 西餐鳕鱼排 | 咖喱毛毛肉 | 火山石烤肠 | 京酱肉丝 |
| | Quail egg and pork | Stewed meat ball in brown sauce | Roasted codfish | Curried chicken | Baked sausage | Pork with Bean Sauce |
| | 烂糊肉丝 | 花菜炒肉片 | 莴笋胡萝卜肉片 | 青椒干丝肉丝 | 蚝油双菇肉片 | 内末粉丝 |
| | Cabbage and pork | Cauliflower with pork | Fried stem lettuce with carrot and | 9 | Fried pork with two kinds of | Fried pork with bean vermicelli |
| Food | 表 萨 | | pork 清炒中心菜 | and dry tofu 青椒绿豆芽 | mushroom 手撕包菜 | |
| Set menu 1 | 香菇青菜 | The second second second | | | | |
| | Green vegetables with mushroom | Fried green pepper and potato | Cabbage | Fried green bean sprout and green pepper | Cabbage | Cabbage with gluten and carrot |
| 7 117 11 116 | 米饭 | 米饭 | 米饭 | 米顷 | 米饭 | 米饭 |
| | Rice | Rice | Rice | Rice | Rice | Rice |
| THE REPORT | 鹌鹑蛋烧肉 | 红ê小肉 | 菌菇牛腩 | 百叶结烷肉 | 红烧大肉 | 蜜汁叉燒肉 |
| | Quail egg and pork | Braised pork | Beef with mushroom | Braised pork with dried to fu | Braised pork | Char siu |
| | 鱼香茄子 | 花菜炒肉片 | 莴笋胡萝卜肉片 | 鱼香肉末茄子 | 西红柿炒鸡蛋 | 青甜椒朮耳肉片 |
| | Yu-Shiang Eggplant | Cauliflower with pork | Fried stem lettuce with carrot and Pork | Yu-Shìang Shredded Pork | Fried eggs with tomatoes | Fried yam with wood ear and pepper |
| 2.中餐2 | 烂糊肉丝 | 红烧肉米豆腐 | 芹菜肉米粉丝 | 青椒干丝肉丝 | 蚝油双菇肉片 | 肉末粉丝 |
| Chinese Food Set menu 2 | Cabbage and pork | Braised to fu with pork | Fried pork with bean vermicelli and celery | Fried green pepper with pork and dry tofu | Fried pork with two kinds of mushroom | Fried pork with bean vermicelli |
| | 香菇青菜 | 青椒土豆丝 | 清炒牛心菜 | 青椒绿豆芽 | 手撕包菜 | |
| | Green vegetables with mushroom | Fried green pepper and potato | Cabbage | Fried green bean sprout and green pepper | Cabbage | Cabbage with gluten and carrot |
| | 米饭 | * 饭 | 米饭 | 米饭 | 米饭 | 米饭 |
| | Rice | Rice | Rice | Rice | Rice | Rice |
| | | | | | | |

1月4日-1月9日6-12年级菜单 G6 to G12 menu of Jan4th-Jan9th

| 大利肉酱面 ti with meat sauce S 5餐烤鸡腿 ted chicken leg | 問一 Monday 肉酱意大利两头尖 Spaghetti with meat sauce 火山石烤肠 | 周二 Tuesday | 問三 Wednesday 鸡肉汉堡 Chicken burger | 周四 Thursday | 問五 Friday 商菇肉丝炒乌冬面 Fried Japanese noodles with |
|---|---|---|---|---|---|
| tì wìth meat sauce S 互餐烤鸡腿 | 肉酱意大利两头尖 ipaghetti with meat sauce | Tuesday | 鸡肉汉堡 | Thursday | 菌菇肉丝炒乌冬面 |
| tì wìth meat sauce S 互餐烤鸡腿 | Spaghetti with meat sauce | | | | |
| 5餐烤鸡腿 | | | Chicken burger | | Fried Japanese noodles with |
| The second second | 火山石烤肠 | | | 卤肉饭套餐 Braised pork rice | mushroom and meat |
| ted chicken leg | | 泰式咖喱鸡排饭套餐 Curry Rice with Fried Chicken | 西餐鳕鱼排 | | 西餐烤鸭腿 |
| | Baked sausage | | Roasted codfish | | Roasted duck leg |
| 笋朮耳肉片 | 花菜炒肉片 | | 青椒土豆肉片 | | 西葫芦胡萝卜炒肉丝 |
| tem lettuce with e and wood ear | Cauliflower with pork | | Fried green pepper and potato with meat | | Fried Zucchini with carrot and pork |
| 杭百菜 | 葱油萝卜丝 | | 清炒牛心菜 | | 水煮胡萝卜 |
| Cabbage | Fried shredded turnip | | Cabbage | | Steamed carrot |
| 狼牙土豆 | 烤土豆 | | 薯条 | | 薯格 |
| aked potato | Baked potato | | Fried chips | | Crisscut poatoes |
| 江烷鸭腿面 | 红烧大肉面 | 辣肉面 | 菌菇牛肉面 | 红棉鸭腿面 | 红棉大排面 |
| d duck leg noodles | Braised pork noodles | Spicy meat noodles | Beef with mushroom noodles | Braised duck leg noodles | Pork Chop with soy sauce noodles |
| 北京炸酱面 | 老北京炸酱面 | 老北京炸酱面 | 老北京炸酱面 | 老北京炸酱面 | 老北京炸酱面 |
| with Fried Bean | Noodles with Fried Bean | Noodles with Fried Bean | Noodles with Fried Bean Sauce | Noodles with Fried Bean Sauce | Noodles with Fried Bean Sauce |
| te e d ak I d d | em lettuce with and wood ear 杭日菜 Cabbage 良牙土豆 eed potato 烧鸭腿面 duck leg noodles b 京炸酱面 | em lettuce with and wood ear 杭日菜 葱油萝卜丝 Cabbage Fried shredded turnip 烤土豆 eed potato Baked potato 烧鸭腿面 红烧大肉面 duck leg noodles Braised pork noodles b 京炸酱面 老北京炸酱面 with Fried Bean Noodles with Fried Bean | 本耳内片 花葉炒肉片 em lettuce with and wood ear | 世本 中内 日本 本 教 物 内 日本 本 教 物 内 日本 本 教 物 内 日本 本 市 体 省 面 本 北 市 作 首 面 と 本 市 作 首 面 と かいけん 下 1 を の と で は かいけん ア 1 を の で は かいけん ア 1 を の で は かいけん ア 1 を の で で で で で で で で で で で で で で で で で で | Fボ耳肉片 花葉炒肉片 cm lettuce with and wood ear |

1月4日-1月9日6-12年级菜单 G6 to G12 menu of Jan4th-Jan9th

| | 問日 | 周一 | 周二 | 問三 | 周四 | 周五 |
|---------------------------------------|---------------------------|---------------------------|----------------------------|----------------------------|---------------------------------|--------------------------------|
| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday |
| 6.特色餐 | 广式炒牛河 | 广式炒牛河 | 广式炒牛河 | 广式炒牛河 | 广式炒牛河 | 广式炒牛河 |
| Weekly Special | Canton beef chow Fun | Canton beef chow Fun | Canton beef chow Fun | Canton beef chow Fun | Canton beef chow Fun | Canton beef chow Fun |
| 7.特色餐 | 水果披萨 | 水果披萨 | 水果披萨 | 水果披萨 | 水果披萨 | 水果披萨 |
| Weekly Special | Fruit pizza | Fruit pizza | Fruit pizza | Fruit pizza | Fruit pizza | Fruit pizza |
| 8.特色餐 | 牛肉粉丝汤 | 牛肉粉丝汤 | 牛肉粉丝汤 | 牛肉粉丝汤 | 牛肉粉丝汤 | 牛肉粉丝汤 |
| Weekly Special | Beef soup with vermicelli | Beef soup with vermicelli | Beef soup with vermicelli | Beef soup with vermicelli | Beef soup with vermicelli | Beef soup with vermicelli |
| 9.特色餐 | 小炒肉盖浇饭 | 小炒肉盖浇饭 | 小炒肉盖浇饭 | 小炒肉盖浇饭 | 小炒肉盖浇饭 | 小炒肉盖浇饭 |
| 4.1万巴食 Weekly Special | Spicy stir-fried pork | Spicy stir-fried pork | Spicy stir-fried pork with | Spicy stir-fried pork with | Spicy stir-fried pork with rice | Spicy stir-fried pork with ric |
| · · · · · · · · · · · · · · · · · · · | with rice | withrice | rice | rice | | |
| 洏 | 罗宋汤 | 紫菜蛋汤 | 豆腐羹 | 番茄蛋汤 | 菌菇肉丝汤 | 蔬菜蛋花汤 |
| Soup | Borsch | seaweed and egg soup | Tofusoup | Tomatoes and eggs soup | Mushroom and meat soup | Vegetable egg soup |
| 水果 | 水果 | 水果 | 水果 | 水果 | 水果 | 水果 |
| Fruit | Fruit | Fruit | Fruit | Fruit | Fruit | Fruit |















